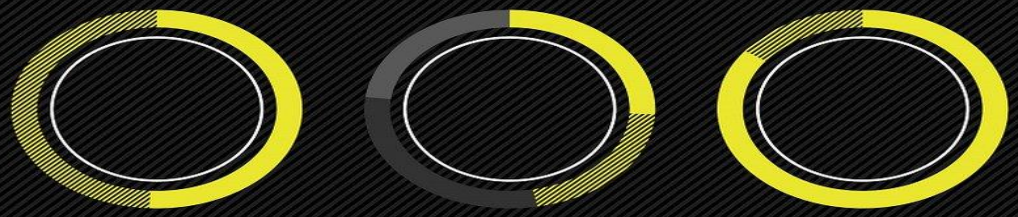
Appendix 6

FOR EVERY 100 PEOPLE IN THE UK WHO HAVE NHS

STROKE...



51 are women
49 are men

26 are under 65 years old
21 are 65 – 74
30 are 75 – 84
23 are 85+

85 have an Ischaemic stroke — caused by a blood vessel obstruction
15 have a Haemorrhagic stroke — caused by a blood vessel rupture

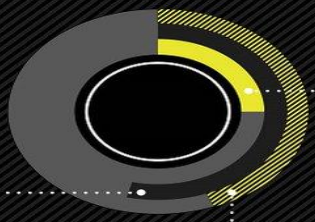
58 are disabled

33 have speech problems

33 suffer from depression

37 need help to complete everyday activities

55 are unable to care for their family the same as before their stroke



54 had high blood pressure at the time of their stroke

44 find it difficult to talk about their stroke

25 will die from their stroke within a year

will break up with their partner or consider doing so

live in fear of another stroke

had an irregular heartbeat at the time of their stroke

EVERY MINUTE COUNTS...
THE **FASTER** YOU ACT, THE MORE OF THE PERSON YOU **SAVE.**

Source: Stroke Association. State of the Nation stroke statistics. 2015.

NHS.UK/ACTFAST

Haringey LONDON healthwatch Haringey HAVCO HARINGEY ASSOCIATION OF VOLUNTARY AND COMMUNITY ORGANISATIONS NHS Haringey Clinical Commissioning Group